

Emotional Intelligence Plus

Course Content

TTI Emotional Quotient explores how actively we apply our emotional intelligence. It is often argued that emotional intelligence (EI) is more important to an individual's performance than IQ.

Unlock your potential by identifying simple activities to enhance your ability to develop and maintain workplace relationships.

All participants will undertake a 15 minutes online assessment prior attending and will be provided with a personalised report.

Workshop content will address the following:

- Be **aware** of their own emotional states and the impact they have
- Be **aware** of others' emotional states and the impact they have
- Take **action** to manage or impact their own emotional states for the better
- Take **action** to manage or impact others' emotional states for the better

Delivery Information

Duration: 3 hours

Location: State-wide

Individual Reports [SAMPLE REPORT](#)

Each participant will receive a detailed report which includes:

- Emotional Quotient assessment results
- Level of activity in recognising and understanding moods, emotions and drivers as well as their effect on others
- Level of activity in controlling or redirecting disruptive impulses and moods, thinking before acting
- Level of motivation to work for reasons that go beyond money and status
- Ability to understand the emotional states of others
- Level of proficiency in managing relationships and building networks
- Actions to increase activity in each area

Investment

\$350 TCCI member

\$525 non-member

More Information?

Call 1300 559 122 today to discuss your training needs including on-site or customised delivery, or email training@tcci.com.au