

Skills & Training



Emotional Intelligence Plus

Course Content

TII Emotional Quotient explores how actively we apply our emotional intelligence. It is often argued that emotional intelligence (EI) is more important to an individual's performance than IQ.

Unlock your potential by identifying simple activities to enhance your ability to develop and maintain work place relationships.

All participants will undertake a 15 minutes online assessment prior attending and will be provided with a personalised report.

Workshop content will address the following:

- Be **aware** of their own emotional states and the impact they have
- Be **aware** of others' emotional states and the impact they have
- Take **action** to manage or impact their own emotional states for the better
- Take **action** to manage or impact others' emotional states for the better

Delivery Information

Duration: 3 hours

Location: Hobart
Launceston

Individual Reports [SAMPLE REPORT](#)

Each participant will receive a detailed report which includes:

- Emotional Quotient assessment results
- Level of activity in recognising and understanding moods, emotions and drivers as well as their effect on others
- Level of activity in controlling or redirecting disruptive impulses and moods, thinking before acting
- Level of motivation to work for reasons that go beyond money and status
- Ability to understand the emotional states of others
- Level of proficiency in managing relationships and building networks
- Actions to increase activity in each area

Investment

\$275 TCCI member

\$440 non member

Call today to discuss your training needs including onsite or customised delivery or email training@tcci.com.au.